



**StageField**  
*Entertainment*

Born in Winter Park, Florida, Sasha De Sola trained at the Kirov Academy of Ballet in Washington, D.C. on full merit scholarship where she studied under the guidance of Ludmila Morkovina, Anatoli Kucheruk, Alla Sizova and Vladimir Djouloukhadze. Sasha joined San Francisco Ballet where she rose through the ranks and was promoted to the rank of Principal Dancer in 2017. In 2020, she was appointed the Diane B. Wilsey Principal Dancer.

Sasha has danced many leading roles with the San Francisco Ballet. Highlights include Odette/Odile in Swan Lake; Aurora in The Sleeping Beauty; the titular role in Giselle and Kitri in Don Quixote. Sasha has also appeared as a guest artist in several galas around the world and was awarded in many competitions.

In November of 2019, she announced the launch of The Ascendant: a charity initiative in collaboration with the San Francisco based jewelry store, Fiat Lux.

She was nominated as Dance Europe's Dancer of the Year for 2020.

# Sasha De Sola

PRINCIPAL DANCER  
SAN FRANCISCO BALLET

@sashadesola

## Repertoire includes

- Cinderella (Christopher Wheeldon)
- Giselle (Helgi Tomasson)
- Kitri , Don Quixote (Tomasson, Possokhov)
- Odette/Odile, Swan Lake (Tomasson after Petipa)
- Aurora, The Sleeping Beauty (Tomasson after Petipa)
- Titania, A Midsummer Night's Dream (Balanchine)
- Medora, Le Corsaire (Soares after Petipa)
- Olga, Onegin (John Cranko)
- Princess Henriette, The Little Mermaid (John Neumeier)
- Bloom (Justin Peck)
- Symphony in C - First Movement Principal (Balanchine)
- Tarantella (Balanchine)
- Serenade - Russian Girl (Balanchine)
- Lead in Blake Works I (William Forsythe)
- The Vertiginous Thrill of Exactitude (William Forsythe)
- Pas/Parts 2016 (William Forsythe)
- In the Night (Jerome Robbins)
- Other Dances (Jerome Robbins)
- Etudes - Ballerina (Lander)
- Shostakovitch Trilogy - Symphony n.9, Chamber Symphony ( Alexei Ratmansky)
- Hummingbird - 1st Principal Couple (Liam Scarlet)

## Awards

- USA International Ballet Competition - Best Junior division couple
- Varna International Ballet Competition - Bronze Medal
- World Ballet Competition - Silver Medal
- Dance Europe Dancer of the Year Nominee

## Press

[SF Chronicle](#)

[Broadway World](#)



## Videos

[Giselle](#)

[Rose Adagio](#)

[Emergence](#)

[Dance Films](#)

[Balancing Happiness, Wellbeing and Success](#)

[NBC Interview](#)



## Podcasts

[No Choice but to Dance](#)



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